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Fear Of Math

How to Get Over It and Get on With Your Life!

by Claudia Zaslavsky

DESCRIPTION

Claudia Zaslavsky has helped thousands of men and women understand why math made them miserable. Let her introduce you to real people who, like you, fled from anything to do with math. All of them--White, African American, Asian American, Latino, artist, homemaker, manager, teacher, teenager, or grandparent--came to see that their math troubles were not their fault. Social stereotypes, poor schools, and well-meaning parents had convinced them that they couldn't, or shouldn't, do math.

Claudia Zaslavsky shows you how the school math you dreaded is a far cry from the math you really need in life (and probably know better than you ever suspected)! She gives a host of reassuring methods, drawn from many cultures, for tackling real-world math problems. She explodes the myth that women and minorities are not good at math. With Claudia Zaslavsky's help, you can see why math matters and how to get over the math barrier that has been holding you back from your goals in life.

AUTHOR/EDITOR BIOGRAPHY

Claudia Zaslavsky, a leader in the use of multicultural materials in teaching math, is the author of *Africa Counts: Number and Pattern in African Culture*, *The Multicultural Classroom*, and many other books and articles on educational equity, math teaching, and math phobia.

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